



MINIMALIST PACKING LIST

For Carry On Only (Europe Edition)

DESTINATION & DATES:



WEATHER & ACCOMODATION:





- **PASSPORT**
 - **BOARDING PASS**
 - RESERVATIONS
 - a vaccine card

✓ CLOTHING
☐ OTY.

- # OF OUTFITS
- **UNDERWEAR**
- **BRAS**
- **SOCKS**
 - **PAJAMAS**
 - LIGHTWEIGHT SHIRTS
- **JEANS OR PANTS**
 - "ONE STOP OUTFITS" / DRESSES
 - LIGHTWEIGHT SWEATER
- FOLDABLE OR LIGHTWEIGHT **JACKET**

CLOTHING TIPS:

- For carry-on only, try your best to cut back and bring lightweight items.
- Mix and match and bring versatile options.
- "One stop outfits" are great options if you have them. These are your jumpsuits, rompers, overalls, & dresses.

SHOE TIPS:

- Try not to bring more than one or two pairs of shoes.
- Travel in your heaviest shoes and wear them on the plane.

YOUR NOTES:

If you get stuck, check out the Youtube Video that this packing list goes with!











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TOILETRIES TIP:

- Simplify your makeup by using multifunctional products.
- Dial back your skincare routine to as few steps as possible while still covering your needs.
- Try out minimal makeup and hair styles before your trip.

TECH TIPS:

- Ditch any heavy camera gear you may have and opt to use your camera phone if you have one.
- Leave the heavy books at home and bring a kindle, e-reader, or paperback book instead.

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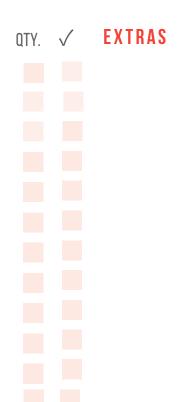






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