




MINIMALIST PACKING LIST

For Carry On Only (Europe Edition)

DESTINATION & DATES: 

WEATHER & ACCOMODATION: 

QTY. ✓ **ESSENTIALS** 

- PASSPORT
- BOARDING PASS
- RESERVATIONS

Vaccine Card

QTY. ✓ **CLOTHING** 

- # OF OUTFITS
- UNDERWEAR
- BRAS
- SOCKS
- PAJAMAS
- LIGHTWEIGHT SHIRTS
- JEANS OR PANTS
- "ONE STOP OUTFITS" / DRESSES
- LIGHTWEIGHT SWEATER
- FOLDABLE OR LIGHTWEIGHT JACKET

CLOTHING TIPS:

- For carry-on only, try your best to cut back and bring lightweight items.
- Mix and match and bring versatile options.
- "One stop outfits" are great options if you have them. These are your jumpsuits, rompers, overalls, & dresses.

SHOE TIPS:

- Try not to bring more than one or two pairs of shoes.
- Travel in your heaviest shoes and wear them on the plane.

YOUR NOTES:


If you get stuck, check out the [Youtube Video](#) that this packing list goes with!




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- QTY. **SHOES** 
- # OF SHOES
- SHOE CHOICE #1 **Dunks**
- SHOE CHOICE #2 **Sandals**
- SHOE CHOICE #3 **tennis shoes**

- QTY. **TOILETRIES, MAKEUP, & HAIR** 
- TOOTHBRUSH
- TRAVEL SIZE TOOTHPASTE
- FACEWASH + MINIMAL SKIN CARE
- ~~TRAVEL SZ. SHAMPOO & HAIR CARE~~
- MINIMAL MAKE UP
- TRAVEL SIZE MAKE UP REMOVER
- RAZOR **x2**
- DEODORANT
- FEMININE HYGINE PRODUCTS
- TRAVEL SIZE BODY WASH OR SOAP
- NAIL CARE IF NEEDED
- HAIR ACCESSORIES

- QTY. **TECH, & ENTERTAINMENT** 
- CELL PHONE
- CHARGERS
- E-READER, KINDLE, OR **IPAD**
- EUROPEAN PLUG ADAPTERS

TOILETRIES TIP:

- Simplify your makeup by using multifunctional products.
- Dial back your skincare routine to as few steps as possible while still covering your needs.
- Try out minimal makeup and hair styles before your trip.

TECH TIPS:

- Ditch any heavy camera gear you may have and opt to use your camera phone if you have one.
- Leave the heavy books at home and bring a kindle, e-reader, or paperback book instead.

YOUR NOTES:

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PRINT ME!



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QTY. ✓ EXTRAS

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